

# HOW to TEXT via EMAIL

By Shannon Sharpton and Grace McMillan

For those who do not have texting service on their cell phones or who simply don't care to text, here is an easy way to send a text to a cell phone using any email account.

**Yes, you can get email on your phone as text!** All you need to know is your cell phone's email address.

For example, all **AT&T phones** use the email address "**phonenumber@txt.att.net**" and **Verizon** phones use the email address **phonenumber@vtext.com**. Once you send the email, it shows up on their phone as a text. When they text back, it will arrive as an email.

Sound complicated? It's not. All you really need to do is find your carrier in the list below, and then use the example shown there to figure out your email address. If you want to send email to a friend's phone, just ask them which carrier they use, and off you go!

Do not include the number 1 before the area code.

(Note: For the major carriers, I've included a link to a page with more detailed information on how SMS works with that carrier, how much it costs, and where you can find more information. In the list below, just click any carrier's highlighted name to find out more.)

***PLEASE SCROLL to see a listing of carriers***

### **Alltel**

[10-digit phone number]@message.alltel.com

Example: 2125551212@message.alltel.com

### **AT&T** (formerly Cingular)

[10-digit phone number]@txt.att.net

Example: 2125551212@txt.att.net

**For multimedia messages** (including pictures, etc.) use [10-digit-number]@mms.att.net

Example: 2125551212@mms.att.net

### **Boost Mobile**

[10-digit phone number]@myboostmobile.com

Example: 2125551212@myboostmobile.com

### **Cox**

[10-digit phone number]@sms.cox.net

### **Cricket Wireless**

[10-digit phone number]@sms.mycricket.com

Example: 1234567890@sms.mycricket.com

**For multimedia messages:** [10-digit phone number]@mms.mycricket.com

Example: 1234567890@mms.mycricket.com

### **Nextel** (now part of Sprint Nextel)

[10-digit telephone number]@messaging.nextel.com

Example: 7035551234@messaging.nextel.com

### **Sprint** (now Sprint Nextel)

[10-digit phone number]@messaging.sprintpcs.com

Example: 2125551234@messaging.sprintpcs.com

### **T-Mobile**

[10-digit phone number]@tmomail.net

Example: 4251234567@tmomail.net

### **Verizon**

[10-digit phone number]@vtext.com

Example: 5552223333@vtext.com

### **Virgin Mobile USA**

[10-digit phone number]@vmobl.com

Example: 5551234567@vmobl.com

### **OTHER US AND CANADIAN CARRIERS:**

**Bell Canada:** [10-digit-phone-number]@txt.bellmobility.ca

**Centennial Wireless:** [10-digit-phone-number]@cwemail.com

**Cellular South:** [10-digit-phone-number]@csouth1.com

**Cincinnati Bell:** [10-digit-phone-number]@gocbw.com

**Metro PCS:** [10-digit-phone-number]@mymetropcs.com

OR [10-digit-phone-number]@metropcs.sms.us

**Qwest:** [10-digit-phone-number]@qwestmp.com

**Rogers:** [10-digit-phone-number]@pcs.rogers.com

**Suncom:** [10-digit-phone-number]@tms.suncom.com

**Telus:** [10-digit-phone-number]@msg.telus.com